

BAR BISTRO MENU

12 NOON – 9.30PM

We regret that we have had to reduce our menu a little until some supply chain issues are resolved with respect to equipment parts and staffing levels are back to normal in our kitchen. We anticipate that we can extend the menu again within a couple of weeks. We apologise for any inconvenience caused and hope you still enjoy your meal.

STARTERS & SNACKS

Soup of the Day 5.95

with soda bread (soup, 9) (bread has 1:WHEAT,7) GF bread available

Seafood Chowder 9.95

with soda bread (1:WHEAT,2,4,7,9,14)(bread - 1:WHEAT,7)

Tempura of King Prawns 10.00

with mango & lime mayo (1:WHEAT, 2,3,6)

Club Sandwich 11.95

chicken, bacon, tomato, salad, chipotle mayo, sourdough, chips
(1:WHEAT/RYE, 3,9,10) (GF option available)

Ballycotton Smoked Salmon 12.95

ponzu glaze, shallots, lemon juice, cherry tomato, avocado,
black sesame, toasted gluten-free sourdough (1:WHEAT in soy glaze, 4,6,11)
[the ponzu soy glaze can be substituted with a GF option on request]

Spicy Chicken Wings 9.95 / 15.50

with blue cheese dip, celery (3,7,9,10) (STARTER / MAIN)

The ingredients used in the dish contain. 1-Gluten 2-Crustaceans 3-Eggs 4-Fish 5-Peanuts
6-Soybeans 7-Milk 8-Nuts 9-Celery 10-Mustard 11-Sesame Seeds 12-Sulphur Dioxide
13-Lupin 14-Molluscs. All 14 allergens are openly used throughout the kitchen.
Trace amounts may be present in all dishes. Our steaks are from Doyle Meats

MAINS

Classic Chicken Caesar Salad 14.95

bacon, croutons, parmesan, (1:WHEAT,3,7,10)

Lemon Sole Goujons & Chips 14.95

in beer batter, home-made tartar sauce (1:WHEAT, 3,4,10)

Ham & Applewood Cheddar Omelette 12.95

served with chips (3,7)

Linguine Aglio E Olio with Tiger Prawns & Chorizo 18.95

garlic, olive oil, parmesan, parsley, small strips of chorizo

(1:WHEAT,2,7,9,10,12)

Chipotle Chicken Fillet & Avocado Burger 16.95

chicken fillet, mashed avocado, brioche bun, applewood cheddar,

chipotle mayo, chips (1:WHEAT,3,7)

Hampton Cheese Burger 16.95

8oz hereford burger, cheddar, brioche bun, red onion & relish,

chips (1:WHEAT,7,10)

Teriyaki Chicken Suprême 19.95

free-range suprême with garlic and thyme, a teriyaki glaze,

and a salad of edamame, mixed leaves, mango, and chili (6)

(please allow 30min)

Chicken Stir Fry 16.95

chicken fillet, fresh chilli, garlic, onion, peppers basmati & coconut rice,

house blend sauce (1:WHEAT,4,6,9,11,14)

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SIDES

CHIPS	4.00	GREEN LEAVES (12)	4.50
BUTTON MUSHROOMS	4.00	PEPPER SAUCE (7,12)	2.00
ONION RINGS	4.00	AIOLI PORTION (3)	0.50

(1:WHEAT & BARLEY)

DESSERTS

NUTELLA BROWNIE **6.50**

Served warm, with vanilla ice cream & a raspberry compote
(3,6,7,8: HAZELNUTS)

APPLE TARTE TATIN **6.50**

Served warm, with toffee caramel sauce and vanilla ice cream
(1:WHEAT, 3, 7)

ETON MESS **6.50**

Strawberries, meringue crumble, cream, strawberry ice cream, coulis
(3, 7)

ASSIETTE OF GLENOWEN & PAGANINI ICE CREAM SELECTION (3, 5, 6, 7) **6.50**

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TEAS & COFFEES

POT OF REGULAR TEA	2.90	POT OF EILLES TEA	3.60
ESPRESSO	2.30	DOUBLE	3.10
AMERICANO	3.10	CAPPUCCINO	3.60
LATTE	3.60	FLAT WHITE	3.40
HOT CHOCOLATE	3.60	MOCHA	3.80

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