

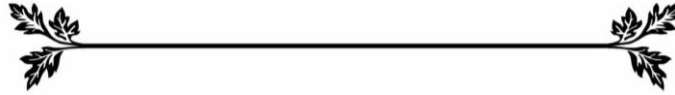


SINGLE-USE PAGE

# All-Day Menu



## HEALTHY @ HAMPTON



### Soup of the Day € 5.95

with soda bread (soup, 9) (bread has 1:WHEAT,7)

### Sliced Half Avocado & Hummus € 9

grilled sourdough bread, mixed leaves, coriander, garlic oil (1:WHEAT,11)

### Paprika Chicken & Spinach Salad € 11.30

chicken with paprika yoghurt dressing, red chilli, sweet potato, spinach with french dressing, spring onion, brown rice (7,10)

### Ham & Cheddar Omelette € 10.95

served with fries (3,7)

### Smoked Salmon &

### Mint-infused Quinoa Salad € 12.30

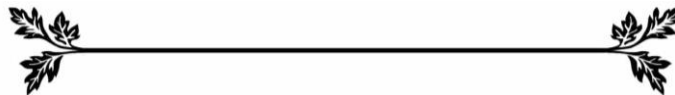
avocado, feta cheese, rocket, lentils, cannellini beans, green peas, balsamic, and a natural greek yoghurt & mint dressing (4,7,12)

### Steak Tagliata € 17.95

sliced 8oz sirloin, rocket, parmesan, parsley, black olives, radish, basil pesto (7)

### Linguine Aglio E Olio with Tiger Prawns & Chorizo € 15.95

garlic, olive oil, parmesan, parsley, small strips of chorizo (1:WHEAT,2,7,9,10,12)



## €50 MEAL DEAL

2 x Main Course dishes of your choice (from healthy@hampton or Old Favourites),  
2 x Sides, 1 Bottle House Wine

## hampton@home

## Delivery (within 400m) & Collection

A trial menu of food and drink now available to order via our facebook page or hamptonhotel.ie

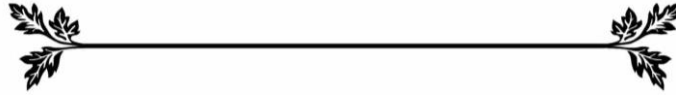
Please note that, by law, a customer must order food to the value of at least €9 before they can be served alcohol.  
This is part of the Covid-19 restrictions where bars must operate as restaurants.

## Allergens

The ingredients used in the dish contain. 1-Gluten 2-Crustaceans 3-Eggs 4-Fish 5-Peanuts 6-Soybeans 7-Milk 8-Nuts 9-Celery  
10-Mustard 11-Sesame Seeds 12-Sulphur Dioxide 13-Lupin 14-Molluscs. All 14 allergens are openly used throughout the kitchen.

Trace amounts may be present in all dishes. Our beef supplier is Doyle Meats.

## OLD FAVOURITES



**Seafood Chowder € 9.00**  
with soda bread (1:WHEAT,2,4,7,9,14)(bread - 1:WHEAT,7)

**Tempura of King Prawns € 9.50**  
with mango & lime mayo (1:WHEAT,2,3,6)

**Frank's Chicken Wings € 9.00 / € 13.95**  
blue cheese dip, celery stick (3,7,9,10)

**Classic Chicken Caesar Salad € 14.95**  
bacon, croutons, parmesan, (1:WHEAT,3,7,10)

**Club Sandwich € 11.95**  
granary bread, chicken, crispy bacon, tomato,  
salad, relish (1:WHEAT,10)

**Cajun Chicken Wrap € 9.95**  
chicken fillet, salad, onion, peppers (1:WHEAT,10)

**Thai Red Chicken Curry € 14.95**  
**Thai Red Chickpea Curry (V) € 14.95**  
onion, peppers, home-made curry sauce,  
basmati rice, coconut cream (2,7,9)

**Fish & Chips € 15.95**  
cod in beer batter, mushy peas, tartar dip,  
stealth fries (1:WHEAT,3,4,10)

**Chicken Stir Fry € 14.95**  
chicken fillet, fresh chilli, garlic, onion, peppers,  
basmati & coconut rice, house blend sauce  
(1:WHEAT,4,6,9,11,14)

**Hampton Cheese Burger € 15.95**  
8oz hereford burger, applewood mature cheddar,  
brioche bun, red onion & relish (1:WHEAT,7,10)

### 12-inch Pizzas (1:WHEAT,3,7)

**Margherita € 12.00** with mozzarella cheese, tomato sauce, basil pesto, garlic oil

**Pepperoni € 12.50** with mozzarella, tomato sauce, pepperoni, garlic oil

**Prosciutto & Rocket € 13.00** with mozzarella, tomato sauce, prosciutto, rocket, black olive, garlic oil

**Add:** Extra Pepperoni (+ €1) Extra Mozzarella (+ €1) Jalapenos (+ €0.50)

### Sides

**Chips € 4.00** **Onion Rings (1:WHEAT, BARLEY) € 4.00**

**Curried Chips € 5.00 (1:WHEAT,7,9,10)** **Green Leaves with balsamic (12) € 4.00**

**Sweet Potato Fries € 4.00** **Aioli (portion) € 0.50**

**Curry Sauce Pot (side) € 1.50 (1:WHEAT,7,9,10)**

### Desserts € 6

**Apple Tart** served cold with ice cream (1:WHEAT,3,5,7)

**Lemon Sorbet** with berries

**Chocolate & Coconut Tart (Vegan/GF/DF) (6, 8:Cashew, Hazelnut, Walnuts, Almond) & vanilla ice cream (7)**

**Selection of Ice Cream** vanilla/chocolate/strawberry (3,5,6,7)